

## ICAR-Agricultural Technology Application Research Institute, Hyderabad

### Report on Yoga Day celebrations:

International yoga day was observed by ICAR-ATARI , Zone x on 21<sup>st</sup> June, 2018 both on its campus at Hyderabad and by all the KVKs of the zone either on campus or in villages in some cases. In ATARI, Hyderabad 30 members of staff participated in the event. One Yoga expert was invited to apprise the staff of the international yoga day protocol and to give a lecture demonstration on basic yoga exercises to improve the flexibility of body and to bring calmness of mind through pranayama and meditation. He explained the benefits of practicing yoga regularly in terms of inculcating positive thinking and in relieving and handling stress in daily life. A total of 2343 people participated in the celebration of international yoga day In KVKs of the zone including 316 scientists, 235 farmers , 439 students and 1353 officials of the district.

Name of the Institute/ KVK Name	No. of Scientist	No. of Farmers	No. of Student	No. of any other official	Total
ICAR-ATARI, Hyderabad	5	0	0	25	<b>30</b>
Anantapur (Reddipalli)	5	6	4	23	<b>38</b>
Anantapur (Kalyandurg)	6	0	0	10	<b>16</b>
Chittoor (Kalikiri)	7	0	0	8	<b>15</b>
Chittoor (Rass)	7	36	120	9	<b>172</b>
East Godavari (Kalavacherla)	6	0	0	64	<b>70</b>
East Godavari (Pandirimamidi)	6	0	0	17	<b>23</b>
Guntur (Iam)	6	0	0	10	<b>16</b>
Kadapa (Utkur)	9	14	0	1	<b>24</b>
Kadapa (Vonipenta)	6	0	0	89	<b>95</b>
Krishna (Garikapadu)	3	0	0	4	<b>7</b>
Krishna (Ghantasala)	6	10	0	0	<b>16</b>
Kurnool (Banavasi)	6	16	2	0	<b>24</b>
Kurnool (Yagantipalli)	7	21	4	18	<b>50</b>
Nellore	6	0	0	16	<b>22</b>
Nellore (Periyavaram)	9	0	0	0	<b>9</b>
Prakasam (Darsi)	11	0	0	0	<b>11</b>
Prakasam (Kandukur)	6	0	0	14	<b>20</b>
Srikakulam (Amdalavalasa)	6	0	0	34	<b>40</b>
Visakhapatnam	6	0	0	44	<b>50</b>
Visakhapatnam (Kondempudi)	6	0	0	3	<b>9</b>
Vizianagaram	15	0	0	0	<b>15</b>

West Godavari (Undi)	5	0	0	11	16
West Godavari (VRGudem)	6	0	0	194	200
Adilabad	5	0	0	0	5
Karimnagar (Jammikunta)	3	0	52	1	56
Karimnagar (Ramgirikilla)	2	21	36	5	64
Khammam	6	0	0	1	7
Mahabubnagar (YFA)	6	0	0	3	9
Nalgonda (Kampasagar)	5	0	0	4	9
Nizamabad	6	0	0	12	18
Ranga reddy	6	0	0	129	135
Warangal (Malyal)	6	0	0	6	12
Cuddalore	3	7	0	6	16
Madurai	6	0	0	114	120
Nagapattinam	10	0	20	20	50
Pudukottai	6	0	0	51	57
Ramanathapuram	9	0	0	0	9
Salem	14	0	0	0	14
Tiruvarur	10	4	0	2	16
Tiruvallur	6	0	0	8	14
Trichy	3	0	150	0	153
Villupuram	5	0	0	11	16
Virudhanagar	5	0	0	10	15
Kancheepuram	5	0	0	0	5
Shivagangai	5	14	5	3	27
Coimbatore	6	0	0	317	323
Dindigul	2	46	0	0	48
Erode	8	0	46	0	54
Theni	6	0	0	64	70
Tuticorin	3	0	0	8	11
Ariyalur	6	25	0	0	31
Tirunalveli	6	15	0	0	21
<b>Total</b>	<b>316</b>	<b>235</b>	<b>439</b>	<b>1353</b>	<b>2343</b>



ATARI, Hyderabad



KVK Pudukottai, Tamil Nadu



KVK Karimnagar Ramgirikhillla, Telangana



KVK West GODavari (Undi), Andhra Pradesh